

choosing an ob

If your gynecologist or family doctor is not an obstetrician, it is time to interview a few and find a good fit. Asking the right questions will help you make an informed decision. After your interview, think about whether the doctor really listened to your concerns and seemed comfortable with your views on pregnancy, childbirth, and medical care. If the answer is no, keep looking.

**How many babies
do you deliver
per year?**

**If it's a group
practice, what
are my chances of
having my primary
OB deliver
my baby?**

**Who will be there
if my primary OB
is not available in
an emergency or
when I am in labor?**

**What is your
cesarean rate?**

**Do you perform
episiotomies
regularly?**
